

Twin Bridges 8K Road Race Release

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs and personal representatives against and indemnify against and will save harmless from all claims, demands, and actions against the NC Seafood Festival, its Board of Directors, Employees, Sponsors and Volunteers; the Towns of Atlantic Beach, Beaufort and Morehead City and all of their elected and appointed officials, and employees, including the Morehead City Parks and Recreation Department; the Gramercy Christian School; Run the East, LLC; and St. Egbert's Track Club for any injury or illness that may directly or indirectly result from my participation in the Twin Bridges 8K Road Race.

I further state that I am in proper physical condition to participate in this event, and agree that none of the above parties is under any obligation to provide a physical examination or other evidence of my fitness to participate in the race, with this being my sole responsibility. I also give permission for the free use of my name and picture to any broadcast, telecast or written account of the event. I have read and understand this Release and Indemnity Agreement, and acknowledge that I have had time and opportunity to do so and to consult with anyone of my choice.